

## Local School Wellness Policy Triennial Assessment

**District/School Name: Hallsville R-IV**

**Local Wellness Policy Contact: Ada Tharp**

**Date of Assessment: 11/29/2022**

**Model Policy used for comparison:**

This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all stakeholders of the implementation status of all goals.

<b>Wellness Policy Language</b> <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	<b>Fully in Place</b>	<b>Partially in Place</b>	<b>Not in Place</b>	<b>List steps that have been taken to implement goal and list challenges and/or barriers of implementation.</b>	<b>List next steps that will be taken to fully implement and/or expand on goal.</b>
<b>Nutrition Education and Promotion Goals</b>					
1. District physical education and health curricula teach healthy eating topics across all grade levels	x			Lifetime nutrition and fitness course was added.	
2. District encourages students and staff to purchase school meals from OPAA!	X			Sending messaging out to parents at the beginning of the school year with F/R forms OPAA! Sends out a weekly email to staff regarding special meals.	
3. A recommendations list of healthy treats for parties and rewards.		x		IS Nurse is working on a list of health choices for parents to reference for birthday party and rewards	Have this list posted on the website for parents to reference.
4. The district has purchase new equipment to improve the nutritional health and safety of our program	x			District purchased oven, milk coolers, dishwasher	
<b>Physical Education and Physical Activity Goals</b>					
1. All elementary students are offered 20 mins of recess daily.	x			Teachers ensure students go outside for every recess unless we have bad weather.	District will think about additional playground equipment for kids.
2. We follow all PE classes as required by policy and law	X			We have consistently followed all requirements for our students.	
3. The district coordinates with youth activities programs to encourage student participation	X			The district participate in national walk to and bike to school week on an annual basis. We also send out to parents and	

				students all registration forms for youth sports.	
3. The district encourages students to walk or bike to school.	X			We have crossing guards at busy intersections, bike racks and makes sure all sidewalks to the school are maintained.	
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1. Smart snacks calculator ran on all ala carte foods		x		Smart snacks is calculated on several items each month by Food Services Secretary	Drinks were not ran but need to be moving forward.
2. Bottle – Filling Stations initiative	X			All bottle filling stations have been in place	
3. There are no vending machines on campus	X			Students and teachers are encourage to buy snacks that are approved through the smart snacks calculator at ala carte.	
4. The district will continue to work with OPAA! For additional grant opportunities.	X			Work with Rachel from OPAA! To apply for any grants that will provide students with fresh fruits and veggies.	
<b>Other School Based Activities Goals</b>					
<b><i>Integrating Physical Activity into the Classroom Settings</i></b>					
1. Classroom physical activity breaks are provided as needed at the teacher’s discretion	X			Principals has been communicating this to building teachers.	This is at the teacher discretion. We want to communicate this more to staff.
2. Classroom academic activities include physical movement	X			Principals has been communicating this to building teachers.	This is at the teacher discretion. We want to communicate this more to staff.
3. Physical activities is not withheld for punishment	X			Principals continue to follow up with building staff.	
4.					
<b><i>Communication with Parents</i></b>					
1. Continue to post flyers around town and online for wellness meetings.		X		Flyers made and put around town and on campus	Need to add these to student resources such as social media.
2. Every August the public notices need to be shared on the website.	X			These notices are on the website and shared every august by the communications director.	
3.					
4.					

<b>Food Marketing in Schools</b>					
1. No school sponsored club is allowed to implement fundraisers that include unhealthy food options consumed on campus.	X			Guidelines are reviewed with club sponsors.	
2. Drink cooler in the MS/HS cafe needs to have new wrapping.		X		We have reached out to Pepsi and asked for the water bottle wrapping.	Currently waiting for the new wrap to be installed.
3. HS Principals will discuss healthy fundraisers with students		x		Principal will update us at the next meeting	
<b>Staff Wellness</b>					
1. The district has staff initiative for a healthy life style.	X			WE have annual wellness programs with rewards for our staff.	
2. Continue to expand on the staff programs at the buildings level	X			Central office provides gift cards to employees who win monthly challenges.	